



Care Home resources for supporting residents with sight and hearing loss

Key facts:

- One in six people in the UK have some form of hearing loss.
- Approximately 75% of care home residents have hearing problems.ⁱ
- One in five people over 75, and one in two over 90, are living with sight loss.
- One in two people living in care homes have some degree of sight loss.ⁱⁱ

Practical tools to support residents who are **hard of hearing or Deaf**:

Hearing aids

[Hearing aid re-tubing video](#)

[How to change a hearing aid battery video](#)

[How to clean an earmould video](#)

[Putting in and taking out a hearing aid with a thin tube video](#)

[12 minute Hearing Aid self-help video](#)

Communication

[Communication tactics PDF](#)

[Live Transcribe App - supports communication when wearing mask or without hearing aid](#)

General advice

[C2Hear website with further short video clips](#)

[Guidance for supporting older people with hearing loss in care settings - RNID website](#)

[Guidance for residential care homes - RNID website](#)



Practical tools to help you support residents who have a **sight impairment**:

Identification

[Ten tips to help identify sight loss PDF](#)

Communication, guiding and mealtimes

[Communicating with a person with sight loss PDF](#)

[Guiding a person with sight loss - for carers PDF](#)

[Supporting people with sight loss at mealtimes PDF](#)

General tips and wheelchair use

[Top ten tips for supporting residents with sight loss PDF](#)

[Supporting a person with sight loss using a wheelchair PDF](#)

Sight loss and Dementia

[Tips to help you communicate with a person with sight loss and dementia PDF](#)

[Dementia and sight loss resources - RNIB website](#)

Sight loss and learning disabilities

[Tips to improve an environment for people with sight loss and learning disabilities PDF](#)

[Learning disabilities and sight loss resources - RNIB website](#)

Practical tools to help you support residents who have a **sight and hearing loss (deafblind)**:

Assessing and communication

[A checklist for assessing older deafblind people PDF](#)

[Tips for meaningful communication - Sense website](#)

General advice and tips

[Guidance on sight and hearing difficulties for staff who care for older people PDF](#)

[How to help older people with sight and hearing loss enjoy life PDF](#)

[Deafblindness overview - NHS website](#)



For information about support and services in your area please contact:

RNID Information Line (Royal National Institute for Deaf People)

Contact our Information Line for free, confidential and impartial information on a range of subjects relating to deaf issues, hearing loss and tinnitus.

Chat online: <https://rnid.org.uk/information-and-support/information-line/>.
Email: information@rnid.org.uk.
Call: 0808 808 0123.
Text message: 0780 000 0360.
Relay UK: 18001 then 0808 808 0123.
BSL video call: <https://rnid.org.uk/information-and-support/information-line/bsl-information-service/>.

RNIB Information Line (Royal National Institute of Blind People)

We're here for you with advice and information to help you face the future with confidence.

Call: 0303 123 9999.
Relay UK: 18001 then 0303 123 9999.
Email: helpline@rnib.org.uk.
Contact form: <https://www.rnib.org.uk/about-rnib/contact-us>.
Or say: "Alexa, call RNIB Helpline" to an Alexa-enabled device.

Sense (For everyone living with complex disabilities or who is deafblind)

Sense Information and Advice can help you find the right support for you and your family. In partnership with RNIB, we are here to offer you free and impartial information about living with complex disabilities, including deafblindness.

Call: 0300 330 9256.
Relay UK: 18001 then 0300 330 9256.
Email/contact form: <https://www.sense.org.uk/get-in-touch/contact-information-and-advice/>.

This document is available to download here: <https://www.ecl.org/services/sensory-service/care-home-support-for-residents-with-sight-and-hearing-loss>

ⁱ Source: <https://www.england.nhs.uk/wp-content/uploads/2017/09/hearing-loss-what-works-guide-healthy-ageing.pdf>

ⁱⁱ Source: https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health-wellbeing/improving_later_life_for_people_with_sight_loss-full_report.pdf